

Lufkin Parks and Recreation

Adult Volleyball

Open Division



Agenda

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- Season Information
- Game Format
- Playing Rules
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Athletic Department Staff

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Registration



- All Players must register under the Individual RecDesk registration.
- Players must be 16 or older.
- Rosters are due before Week 1.
- If an individual is not on a team roster prior to game time of week two, they will not be allowed to play in that season.
- Maximum 12 players on a roster.

How to sign up individually

<https://lufkinparks.recdesk.com/Community/Page?pageId=41398>

The screenshot displays the website for the City of Lufkin Parks & Recreation. The header includes a dark teal bar with "RETURN TO MAIN WEBSITE" on the left and "ONLINE REGISTRATION" with a "Select Language" button on the right. Below this is a dark blue bar featuring the "CITY OF Lufkin TEXAS PARKS & RECREATION" logo and a Facebook icon. A navigation menu follows with links to "Home", "Programs/Sports", "Memberships", "Facilities", "Schedules", "Dept Info", "Calendar", and "Log In". The "Programs/Sports" link is circled in blue. The main content area has a background image of a lake with autumn trees. A white banner for the "ADVENTURE CAMP SERIES" is centered, stating "REGISTRATION IS NOW OPEN!". The banner includes details: "4 WEEKS JUNE 29 - JULY 30, 2025", "FLEXIBLE OPTIONS", and "JOIN 1 WEEK OR ALL 4 WEEKS!". A "REGISTER TODAY!" button with a QR code and the website "LufkinParks.com" is also present.

RETURN TO MAIN WEBSITE

ONLINE REGISTRATION
Select Language

CITY OF
Lufkin
TEXAS
PARKS & RECREATION

Home Programs/Sports Memberships Facilities Schedules Dept Info Calendar Log In

City of Lufkin Parks and Recreation

**ADVENTURE
CAMP SERIES**
REGISTRATION IS NOW OPEN!

4 WEEKS
JUNE 29 - JULY 30, 2025

FLEXIBLE
OPTIONS

JOIN 1 WEEK
OR ALL 4 WEEKS!

**REGISTER
TODAY!**

LufkinParks.com

How to sign up individually cont.

The screenshot shows the City of Lufkin Parks & Recreation website. The header includes the city logo, a 'RETURN TO MAIN WEBSITE' link, an 'ONLINE REGISTRATION' button with a Google Translate icon, and a Facebook icon. The navigation bar contains links for Home, Programs/Sports, Memberships, Facilities, Schedules, Dept Info, and Calendar, along with a 'Log In' button.

The main content area is titled 'Programs' and features a search bar and a date range filter. A yellow banner indicates 'You are viewing 4 filtered results.' The 'Category Filter' on the left is set to 'Adult Athletics' and 'Volleyball', with a red circle highlighting these selections. The 'Programs' list shows four results:

- Adult Volleyball Co-Ed Individual Registration** (Adult Athletics) - 8 openings, 4 remaining. A red arrow points to the 'Register Now' button.
- Adult Volleyball Co-Ed Team Registration** (Adult Athletics) - 12 openings, 3 remaining. A yellow banner indicates 'Registration ended on 7/10/2026'.
- Adult Volleyball Individual Draft Registration** (Adult Athletics)
- Adult Volleyball Individual Draft Registration** (Adult Athletics)

Season Information

- Season begins Wednesday, **September 16**.
- Games on Wednesdays.
- Duration: 6-week Season.
- Location: Lufkin Parks & Recreation Gym.
- We will have an End-of-season tournament based on regular-season standings.

Game Format



- 6 vs 6 OPEN. No gender restrictions per team.
- Minimum 4 players. If a team has less than 6 players, there will be no penalty.
- Rally scoring is used; matches will consist of best 2 out of 3. The first two games will be 21-point games. A team must win by 2 points or be the first team to 25 points (cap is 25). A team must win 2 out of 3 games to win the match. The third game is played to 15 points. A team must win by 2 points or be the first team to 17 points in the third game (cap is 17). A match constitutes of 2 or 3 games.
- One 30-second timeout each game.
- All players must check in with a league administrator before each game and receive a player stamp to verify they are eligible to participate.

League Rules

- The ball may be contacted a maximum of three times before going over the net.
- No blocking or attacking a serve.
- Unlimited substitutions are allowed during dead balls at the serving position.
- Any player touching the net while the ball is in play results in a violation.
- Kicking, heading and hitting with shoulders and other body parts is allowed.
- A ball touching the ceiling, basketball goals or light fixtures on the way over the net is considered a fault. If the ball is hit off the ceiling or light fixture and remains on your side, it may be played over if you have not already exceeded the three-hit limit. No ball may be played off the wall or basketball goals.
- All officials' calls are final. There is a no tolerance for yelling or harassing an official.
- Late players may enter during a dead ball.

Complete league rules are available in the Adult Volleyball Rulebook. Coaches are responsible for ensuring all players understand and follow league rules.

Equipment



- Game balls will be provided by LPAR.
- Matching uniforms are not required but matching colors are preferred.
- Officials may prohibit unsafe equipment.
- No outside food or drinks (water bottles allowed).

End of Season Tournament

- Scheduled for the week immediately following the conclusion of the regular season.
- Seeded by regular-season standings.
- Tiebreakers:
 - Match wins
 - Games won
 - Points For / Points Against
- Championship shirts and a plaque will be awarded to the winners. Runner ups will receive a plaque.

Conduct & Ejections



- Sportsmanship is expected from all players, coaches, and spectators before, during, and after each match. Respect your opponents, officials, teammates, and LPAR staff at all times.
- Team captains are responsible for communicating with officials. Questions regarding a call should be addressed respectfully by the captain only. Officials' decisions are final.
- Unsportsmanlike conduct such as abusive language, taunting, threatening behavior, or repeated disrespect toward officials, opponents, or staff will not be tolerated and may result in penalties, ejection, or suspension.
- Ejected players must leave the Recreation Center immediately. A minimum two-game suspension will be issued for all regular-season ejections, and suspensions will carry over to future seasons if necessary.
- In the event of an ejection the team must have available players on the sub list to fill in for ejected player(s) or a win by forfeit will be awarded to the opposing team.
- Teams are responsible for the behavior of their players and spectators. Help us maintain a fun, competitive, and family-friendly environment for everyone.
- No smoking in the complex.
- Alcoholic beverages are not allowed at any time on city park grounds, including the parking lots.



Questions?

Email fsanchez@cityoflufkin.com